



Secondary School Transition

Is your child worried about starting secondary school?

Do you want to know what you can do to support?

Join us for an information webinar for parents & carers on managing change and your child's worries and anxieties.

Dates and Times

Friday 18th August ~ 10 -11am Tuesday 22nd August ~ 6 - 7pm Wednesday 30th August ~ 4 - 5pm

LocationOnline

Information

Please email <u>tewv.wellbeinginmind@nhs.net</u> to register your interest and to receive your session link.

Wellbeing in Mind Team - We are a team of NHS staff working with school staff providing advice, support and training on wellbeing issues as well as forming a link between the school and other services supporting young people. This work includes direct support for young people experiencing mild to moderate difficulties such as anxiety and low mood. Support to utilise online resources and develop skills as well as classroom-based education sessions in conjunction with the school's pastoral team to improve knowledge and understanding about wellbeing.